



▶ Intervention in 2012

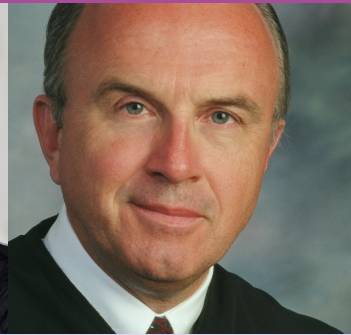
CURRENT ADVANCEMENTS ▶



Laurence Westreich, MD



Joani Gammill, RN, BRI 1



Judge Mark Farrell

TUERK CONFERENCE *on* ADDICTION TREATMENT

Sponsored by:

The National Council on Alcoholism and Drug Dependence, Maryland
University of Maryland Department of Psychiatry
Division of Alcohol and Drug Abuse
Med Chi

Tuesday **April 17, 2012**

8:00am – 5:00pm

The Baltimore Convention Center, Pratt and Sharp Streets

PREMIERE

Cumberland Heights • Precision Testing

PLATINUM

BSAS • Father Martin's Ashley • Gaudenzia • Kolmac Clinic
Marworth Treatment Center • Recovery First • UMMS Psychiatry
University of Maryland Center for Problem Gambling • Warwick Manor

GOLD

Caron Treatment Centers • Crossroads Centers
Mountain Manor • NKI Nutraceuticals



UNIVERSITY of MARYLAND
MEDICAL CENTER

Purpose and Objectives

The purpose of the conference is to increase the participants' understanding of intervention strategies when trying to help an individual that is addicted. There are several areas of a person's life where professionals and family members can intervene such as; the courts, the workplace, the home, the hospital and the community. Professionals in these fields will share their experience and

knowledge about the most effective ways to intervene in each of these areas.

Upon completion,
participants will be able to:

- 1 Explain the pros and cons of various intervention techniques.
- 2 Describe the process of intervening with a young person.
- 3 Identify resources and organizations in the community that can assist in interventions
- 4 Explain the importance of professional guidance when planning an intervention.
- 5 Describe the effectiveness of certain meditation techniques.
- 6 Describe the signs of problem gambling and how to treat it.

Other issues that will be covered include: the importance of meditation and the 12 steps in recovery, treating professional athletes, problem gambling, stop smoking initiatives, stress management. The conference will encourage an open discussion of new ideas and explore ways to understand, prevent and treat addiction. The conference will provide the latest information about many important issues in addiction treatment.

The target audience for this conference consists of health care professionals of all disciplines; professionals that work in the field of addiction and mental health, criminal justice professionals, recovering persons, family members and friends who wish to become more knowledgeable; and advocates for these issues.

CEUs and CMEs

Participants will receive six (6) CEUs for the following disciplines: Nurses, Certified Addiction Counselors, EAPs, Social Workers, Professional Counselors and Psychologists.

CMEs

FACULTY DISCLOSURE:

Alliance between a speaker and (1) the manufacturer(s) of any commercial product(s) and/or providers of commercial services discussed in an educational presentation or (2) any commercial supporters of the activity must be disclosed to the audience to determine whether the speaker's interests or relationships may influence the presentation with regard to exposition or conclusion. Acknowledgement of these disclosures is provided for the audience at the program, in the syllabus or handouts.

AMERICANS WITH DISABILITIES ACT:

If you require special accommodations to attend or participate in the CEU activity, please provide information about your requirements to 410.625.6482, or 1-800-735-2258 TTY/Voice at least five business days in advance of the activity.

NCADD Tuerk Conference

Program Schedule

Tuesday April 17, 2012

- 7:30 – 8:25am **Coffee and Registration** / Exhibit Area Open
- 8:25 – 8:30am **Welcome, Opening Remarks**
Robert White, *Conference Chairman*
- 8:30 – 9:30am **KEYNOTE: Intervention in 2012**
Laurence Westreich, MD
President-Elect of the American Academy of Addiction Psychiatry and consultant on drugs of abuse to Major League Baseball
Learn about the state of the art for Intervention in 2012. Using video clips, dialogs, and discussion, Dr. Westreich will present controversies in the field, differing points of view, and original approaches to intervention.
- 9:30 – 10:30am **How to Conduct a Successful Intervention**
Joani Gammill, RN, BRI 1
Professional interventionist and Certified National Alcohol and Drug Specialist
Her own intervention was done on national television on the Dr Phil Show. She will illustrate the lessons she has learned as a full-time interventionist using case examples. Her presentation will include video clips from interventions on popular TV shows. She will invite the audience to help point out the pros and cons of each approach.
- 10:30 – 11:00am **Coffee Break** / Exhibit Area Open
Book Signings:
Laurence Westreich, MD - *Helping the Addict You Love*
Joani Gammill, RN - *The Interventionist*
- 11:00am – 12:30pm **Gambling Treatment Court:
A " Struggle" for Progress**
Judge Mark Farrell
Judge Farrell founded the only Gambling Treatment Court in 2001 in New York
A Therapeutic Intervention in the Criminal Courts. It's origins, implementation, challenges and applications
- 12:30 – 1:50pm **Lunch** – Two options
The regular Conference Lunch is in the Grand Ballroom (no extra charge - 1,000 in attendance)
The NCADD-MD Awards Luncheon will be in a separate, smaller room (there is an additional charge for the Awards Lunch - 300 in attendance)
- 2:00 – 3:15pm **Workshops – Session I** (*see next page*)
- 3:15 – 3:30pm **Break** / Exhibit Area Open
- 3:30 – 5:00pm **Workshops – Session II** (*most workshops repeat during the second session*)

WORKSHOPS WILL BE HELD TWICE

Once at 2:00pm and once at 3:30pm

Intervening with the Reluctant Patient

Laurence Westreich, MD, *Associate Professor of Clinical Psychiatry in the Division of Alcoholism and Drug Abuse, Department of Psychiatry, New York University School of Medicine, and serves as the consultant on drugs of abuse to Major League Baseball. President-Elect of the American Academy of Addiction Psychiatry*

Although all addicted individuals are in some sense reluctant to stop, some are more reluctant than others. This workshop will explore the assessment and treatment of individuals who are directly coerced into treatment and/or deny that their substance use is harmful, those who frame their substance use as a personal choice rather than an addiction, and those who deflect concern about their substance use into philosophical domains. Using dialogs and audience participation, Dr. Westreich will outline some methods for working successfully with these extraordinarily reluctant patients.

Sports Psychiatry:

Lessons for Life Balance & Peak Performance in Early Recovery

David R. McDuff, MD, *Clinical Associate Professor, University of Maryland School of Medicine & Team Psychiatrist and Mental Skills Trainer, Baltimore Ravens and Orioles*

This workshop will describe the essential characteristics of active sports psychiatric practice with athletes and teams at all competitive levels and apply eight core skills to early recovery from addictions and other compulsive disorders. The eight core skills are: (1) mental preparation; (2) stress recognition & control; (3) energy regulation; (4) substance misuse prevention; (5) injury recovery & pain control; (6) common co-morbid mental disorders; (7) working with teams & families; and (8) developmental & cultural competence. Audience participation is required.

Soul Silence:

A Unique Approach to Mastering the 11th Step

Peter Amato, MA, E-RYT 500, *President and Founder, Inner Harmony Wellness Centers*

This experiential workshop is designed to provide attendees with an understanding and experience of integral principles in moving towards a deeper sense of recovery, refinement of well-being, and evolved perspective of human consciousness. The presenter introduces tools to help facilitate direct experience in establishing "conscious contact". This workshop will teach participants how to move from recovery to self-discovery and align their intention with behavior to directly influence lives in the moment rather than continuing to experience the outdated drive toward perfection. The Soul Silence workshop is designed to facilitate the experience of integration in restoring one's relationship to Self and others in expanding consciousness through didactic and experiential learning. The Soul Silence experience is a complement to 12-step program. Participants should come prepared to learn a new method for both their work with clients, and their own growth journey.

Gambling as an Addiction:

Diagnostic and Treatment Implications

Joanna Franklin, MS, NCGC II, *President of the International Gambling Counselor Certification Board, President of the Maryland Council on Problem Gambling*

This workshop will focus on more advanced problem gambling treatment issues. For example, the new DSM V will move pathological gambling from the category of impulse control and place it next to substance use disorders. Seeing the gambling disorder as an addiction has physical, pharmacological and treatment implications. Learn about the brains of gamblers and the essentials for effective screening and treatment of gambling addicts and addicts who gamble.

Smoking Cessation for Mental Health and Addiction Clients: Opportunity and Challenge

Carlo C. DiClemente, PhD, *Director, MDQuit Tobacco Resource Center; Director, Center for Community Collaboration; Presidential Research Professor Department of Psychology, University of Maryland, Baltimore County*

Smoking rates among Marylanders overall have fallen to about 19%. However, the rates of smoking for mental health clients are almost 50% and over 70% with substance abuse treatment clients. Nicotine is the hidden addiction that is often undertreated in these systems. This workshop will offer information about this addiction the urgent need to address the problem and the empirically supported approaches to intervene. Providers, peers and patients will be offered advice and options for quitting smoking and protecting the health of staff, clients and their families. Challenges and barriers will be addressed and resources provided.

A Practical Dialogue on Planning for Implementing and Successfully Operating a Gambling Treatment Court

Judge Mark Farrell, *Judge Farrell founded the first suburban Drug Court in the United States in 1996, the first Domestic Violence Court in Erie County in 1997, the only Gambling Treatment Court in the world which opened its doors in 2001.*

A Practical Dialogue on planning, implementing and operating a Gambling Treatment Court.

Family Consultations and Intervention for Young Adults

Richard H. Mikesell, PhD, *Private Practice Washington, D.C.*

Addictions of all types among young adults have reached epidemic proportions in the United States. Frequently, substance addictions—alcohol and other drugs, plus process addictions—electronics, video games, etc. are mixed with depression, anxiety, anger, family/romantic problems, and a general lack of life's direction and goals.

All too often, well-intentioned parents are actually enablers and any strategies attempted are not based in the science and treatment of addictions, and are therefore ineffective. This workshop will focus on helping addiction professionals frame a comprehensive and integrated action plan, first and foremost, for parents. Then, and only then will parents be in a substantial position to offer a treatment plan to offer their young adult.

PHIL McKENNA INSTITUTE

Initiated in 2001 by the Employee Assistance Professionals Association, (EAPA), Chesapeake Chapter, the Phil McKenna Institute (PMI) was established to honor the memory of Mr. McKenna by bringing awareness and training to professionals who address the needs of employees and their families. Phil McKenna was the first Chapter President of the EAPA Chesapeake Chapter and worked as an EAP counselor at Baltimore Gas & Electric for many years. In addition, he served for several years on the NCADD-Maryland Board of Directors. Mr. McKenna was part of a group of recovering alcoholics in the Baltimore area striving to address substance abuse as it manifests itself in the workplace.

Interventions in the Workplace

James R. O'Hair, LCSW-C, MSP, CEAP, *Coordinator of the Northrop Grumman ES Employee and Family Assistance Program in Baltimore, Maryland*

This presentation will focus on the role of EAPs and related programs in intervening with employees and professional members who are experiencing problems with addictions. This program will address: recognition, management training, policy issues, legal concerns and support systems. Looking at a variety of work environments and how intervention may be dictated by public safety, patient concerns, professional reputation, financial/ legal concerns and security concerns.

Recovery Coach: Sustaining Recovery after an Intervention

Kirklin Frazier, *Executive Director, DC Recovery Community Alliance*

The workshop will discuss Recovery Coaching as a post treatment modality and the services that can be provided by peer to peer mentoring. We will briefly discuss some of the science behind this modality. In addition, we will look at the differences between and clinician, coach and sponsor. We will spend some time on what is a recovery plan and how the plan is developed. Finally we will discuss how to become a Recovery Coach.

Health Care Reform: The Latest Information Regarding its Impact on Addiction Treatment in Maryland

Matt Celentano, *Deputy Director, Maryland Citizens' Health Initiative*

Health Care is changing rapidly in Maryland. Our state is considered a leader in terms of implementing new reforms. This workshop will review the current state of progress toward these reforms and their impact on mental health and addiction treatment. Discussion topics will include: Healthcare Exchanges - What are they?, How will they work?, Consumer Choice, Competition, Essential Benefits, What will be in the plan?, How much addiction treatment will be covered? The legislative session will have just ended before this conference takes place so we will have some definite answers to many of these questions.

A Practical Guide to Intervention

The Who, What, When, Where, Why, and How of interventions

Gale Saler, LCPC, CRC-MAC, CAI

Join a panel of experienced interventionists for a hands on exploration of process and outcomes. This is a solutions oriented workshop for the practitioner who wants to maximize their effectiveness.

Tuerk Conference Faculty

Peter Amato, MA, E-RYT 500, President and Founder, Inner Harmony Wellness Centers

Matthew Celentano, Deputy Director of the Maryland Citizens' Health Initiative, and the Health Care for All Campaign. The Maryland Citizens' Health Initiative passed a controversial tobacco tax for health care and the first alcohol tax for public health measures in Maryland in over 40 years.

Carlo C. DiClemente, PhD, Director, MDQuit Tobacco Resource Center Director, Center for Community Collaboration; Presidential Research Professor, Department of Psychology, University of Maryland, Baltimore County, co-developer of the Transtheoretical Model of behavior change, and the author of numerous scientific publications on motivation and behavior change with a variety of health and addictive behaviors.

Judge Mark G. Farrell, Senior Justice in Amherst, New York, Civil and Criminal Court. Judge Farrell is an acting City Court Judge in the City of Buffalo, New York and also serves in the capacity of both an Adjunct Clinical Professor of Law at the University of Buffalo, School of Law and a Research Associate Professor in the University's School of Social Work. Judge Farrell is a recognized leader in the area of Therapeutic Justice and operates the only Gambling Treatment Court in the world.

Joanna Franklin MS, NCGC II, Director of Training and Network Development for Trimeridian Inc. – Resources for Problem Gambling. Trimeridian is a consulting firm specializing in design, implementation and installation of gambling treatment programs both in the U.S. and in other countries.

Kirklin Frazier, Executive Director, DC Recovery Community Alliance, Washington, DC, 2008 graduate of the Wesley Theological Seminary in Washington, DC, with a Masters of Divinity. His area of concentration was Urban Ministry. He holds a BA from American University, in Washington DC. Kirklin is a certified Recovery Coach and a Trainer of Trainers.

Joani Gammill, RN, BRI 1, Private Practice doing alcohol and drug interventions for rehabs around the country. After her personal struggles with alcoholism and drug addiction she became interested in chemical dependency nursing. Her career and life took a turn after Dr. Phil McGraw did a televised intervention on her during a prime time special, "Escaping Addiction".

David R. McDuff, MD, Clinical Associate Professor, University of Maryland School of Medicine & Team Psychiatrist and Mental Skills Trainer, Baltimore Ravens and Orioles (www.mdsports.net). Author of the new book "*Sports Psychiatry: Strategies for Life Balance & Peak Performance*" by American Psychiatry Press, Inc.

Richard H. Mikesell, PhD, Private Practice, Washington, D.C., Clinical and consulting practice for over 30 years in Washington DC, with individuals, couples, families, and groups with emphasis on couples therapy, divorce recovery, and addictions, Awarded Psychologist of the Year in Independent Practice (1994)

James R. O'Hair, LCSW-C, MSP, CEAP, Coordinator of the Northrop Grumman ES Employee and Family Assistance Program in Baltimore, Maryland, Past President EAPA Chesapeake Chapter.

Gale Salor, Gaudenzia Treatment Programs

Laurence Westreich, MD, Associate Professor of Clinical Psychiatry in the Division of Alcoholism and Drug Abuse, Department of Psychiatry, New York University School of Medicine, and serves as the consultant on drugs of abuse to Major League Baseball. President-Elect of the American Academy of Addiction Psychiatry

The NCADD Awards Luncheon

THIS WILL BE A SEPARATE LUNCH WITH AN ADDITIONAL CHARGE. It is limited to the first 400 that register. We will be recognizing people that are Unsung Heroes in our field.

We will still have the regular Tuerk Conference Lunch (that is included in the regular price for the conference). We expect about 1,000 people will attend the regular lunch in the Grand Ballroom. It will be seated and served as usual. There will be entertainment and door prizes at the regular Tuerk Conference Luncheon and it will continue to be a fun experience. If you want to go and find old friends and talk during the entire lunch then pick the regular lunch.

The NCADD Awards Lunch will be smaller (about 400 people) and quieter. Outside persons that are not attending the conference can also come to just the Awards Luncheon for \$50.

Planning Committee

Robert White, LCPC
Conference Chairman

Wanda Binns, LCSW-C
Continuing Education Coordinator

Jan Buxton, LCPC, CEAP
Faculty Coordinator

Cathy Gray
NCADD-MD

Evonne Nelson-Gershon, LGSW
Exhibitor Coordinator

Amy Johnson
UMMS EAP

George Kolodner, MD
Kolmac Clinic

David Nelson
Board Chair, NCADD-MD

Barbara McKenna, LCADC, CEAP
Crossroads Centers

Sabrina N'Diaye, MSW, LCSW-C
Marworth Treatment Center

Jim O'Hair, LCSW-C, CEAP
Northrop Grumman EAP

Susan Pompa
Recovery Leadership Director,
NCADD-MD

Keith R. Richardson CAC-AD, CAS
Warwick Manor Behavioral Health

Nancy Rosen-Cohen, PhD
Executive Director, NCADD-MD

Christopher Welsh, MD
University of Maryland School
of Medicine

Penny Ziegler, MD
Virginia Health Practitioners
Monitoring Program

Muriel Gray Scholarship Fund



NCADD-Maryland and the Muriel Gray Scholarship Committee is pleased to announce that applications for the Muriel Gray Scholarship Fund are now being sought. Scholarship recipients will receive free registration for the 2012 NCADD-Maryland Tuerk Conference, including all plenary and workshop presentations, lunch and CEUs.

Who may apply: Graduate Students and Entry-level professionals in the first or second year of full-time work in the substance abuse, social work, mental health , EAP or related helping fields. NOTE: Applicants may not have received the Muriel Gray Scholarship in the past.

How to apply: All applicants must submit the following materials: A current resume, a signed letter of recommendation from your supervisor on agency letterhead, and a 250 words or less essay answering the following question. How will you use the opportunity to attend the 2010 NCADD-Maryland Tuerk Conference as a Muriel Gray Scholar to benefit you and the people you serve? Please submit your answer in hard copy (please do NOT submit handwritten applications) on standard 8 1/2 x 11 white paper. Please attach a cover sheet with your name, address, telephone number and e-mail address. Please also include a letter of recommendation signed by your employer on company letterhead.

Any chance you might have a short quote from a past recipient about benefit of attending?

Or just general positive comment from a previous attendee for testimonial? Or could be benefit of networking event, etc

When to apply: All applications **MUST** be postmarked no later than March 6, 2012 (no exceptions).

Where to apply: Send your completed application, including a cover letter, copy of your resume, 250 word or less essay and signed letter of recommendation to NCADD-Maryland , 28 E. Ostend St, Suite 303 Baltimore, MD 21230 (Please, No Fax's)

Scholarship winners will be notified in April. For more information, call NCADD-Maryland at 410-625-6482.

Please Do Not Staple Checks to Form



TUERK CONFERENCE *on* ADDICTION TREATMENT

Registration Form page one

Please complete all of the following information on BOTH SIDES of the form. You can also register online at www.ncaddmaryland.org

NAME BADGE

Please Print

First Name _____ M ___ F ___

Last Name _____

Job Title _____

Organization _____

Lunch preference: Regular Vegetarian

Name _____

Address _____

This Address is my: Work Home

City _____ State ____ Zip _____

Phone _____ Ext. _____ Fax _____

Email Address _____

NOTE: *MUST provide Email Address to Receive CEU Certificate*

Please register me as: *(Only choose one option)*

Super Saver with Regular Lunch..... \$99
Postmarked by **3/6/12**

Regular Registration, Regular Lunch.....\$140
Postmarked by **4/6/12**

Regular Registration, Awards Lunch.....\$165
Postmarked by **4/6/12**

Regular Student with Regular Lunch..... \$75
Postmarked by **4/6/12**

Awards Luncheon only, No Conference..... \$50
Postmarked by **4/6/12**

Late Registrations: After 4/6/12 we will only be able to accept onsite registrations.....\$185
Lunch will depend on availability



TUERK CONFERENCE *on* ADDICTION TREATMENT

Registration Form page two

Payment Options

Check/Money Order (Make payable to NCADD-Maryland)

Credit Card: MasterCard or Visa or Discover

Please Print

Card # _____ Exp. Date _____

Security Code (3 digits on back of card) _____

Signature _____

Name (as it appears on the card) _____

Organization (if Business Card) _____

Street Address _____

City _____ State _____ Zip _____

Email (Contact Person) _____

Purchase Order (Only available to government, companies, etc. A copy of the Purchase Order must accompany the registration form.)

Written confirmation will be sent within 3 weeks of receipt of paid registration. This confirmation will serve as proof of payment. All conference participants should bring a copy of the confirmation on the day of the conference to expedite the check-in process.

Mail your completed registration form, payment, and discount voucher or NCADD-Maryland membership form to:

NCADD-Maryland
28 East Ostend Street, Suite 303
Baltimore, MD 21230

Sorry, we are unable to accept registrations by fax or phone.
You can register online at www.ncaddmaryland.org

General Questions and Information

FOR QUESTIONS REGARDING:

**General Conference Information
and Registration** Call NCADD-Maryland
at 410.625.6482

Continuing Ed. Information Call Wanda Binns
at 410-328-5861

Exhibitors/Sponsors Call Evonne Nelson-Gershon
at 410-328-0408
or Nancy Rosen-Cohen
at 410-625-6482

Volunteers Call Nancy Rosen-Cohen
at 410-625-6482

REFUND POLICY

All requests for refunds must be received in writing by 4/1/12. Refunds are subject to a \$35.00 administrative fee. No refund will be given with less than ten days written notice. Refunds will not be provided for student registrations. All requests for refunds must be submitted to NCADD-Maryland at the above address. No refunds will be provided if the conference is cancelled due to unforeseen circumstances or events.

Parking and Directions

Enter the Baltimore Convention Center on Pratt Street between Howard and Sharp Streets. The conference will be held in the Grand Ballroom.

Parking is available in lots near the Convention Center or at Camden Yards. The cost of parking is the responsibility of the attendee. The Convention Center is easily accessible by light rail, metro, and bus service.



**TUERK CONFERENCE *on*
ADDICTION TREATMENT**

28 E. Ostend Street, Suite 303
Baltimore, MD 21230

Visit us on the web at www.ncaddmaryland.org

NONPROFIT ORG.
U.S. POSTAGE
PAID
BALTIMORE, MD
PERMIT NO.6925