

MSBA Lawyer Assistance Program Wellness Tip Sheet

Your Lawyer Assistance Program

Jim Quinn
Director
443-703-3041
jqinn@msba.org

Maryland Bar Center
520 West Fayette Street
Baltimore, MD 21201
800-492-1964

Lisa Caplan, LCSW-C
Counselor
443-703-3042
lcaplan@msba.org

www.msba.org

Everyone experiences personal or work related problems at some point. Early intervention is the key to resolving these concerns. Call the Lawyer Assistance Program for **free, confidential** counseling. The Lawyer Assistance Program is committed to providing assistance to lawyers, judges, law students, the legal community and their families by offering assessment, referral, short-term counseling, and continued support to insure long term success.

The Lawyer Assistance Program can make a difference.

Our services include help for a broad range of problems and personal concerns such as:

- Depression
- Marital and Family Relationships
- Alcohol and Drug Abuse
- Stress and Burnout
- Prescription Drug Concerns
- Career Concerns
- Gambling
- Internet Addiction
- Sexual Addiction
- Compulsive Spending
- Eating Disorders
- Balancing Work and Family

Referring to the Lawyer Assistance Program

If you are concerned about another lawyer you can make a confidential referral to the Lawyer Assistance Program.

12 Step Support Meeting

Thursday from 6:30 PM – 7:30 PM at the MSBA

Confidentiality

Federal and state law ensures the confidentiality of those who seek assistance through our program or those who have been referred to the Lawyers Assistance Program. In addition Rule 8.3 in The Maryland Lawyers' Rules of Professional Conduct and Attorney Trust Accounts protects the confidentiality of lawyers using the program.

